

# RUNESTAFF

September 2008, A.S. XLIII

This is the electronic version of The Runestaff, the monthly newsletter  
for the Barony of Mag Mor.

## Baron and Baroness of Mag Mor

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## Regular Baronial Activities

After checking the Mag Mor Calendar for dates, given life's little irregularities, please call and confirm meetings, especially if you haven't attended recently.

Fighter Practice-Sundays and Tuesdays Contact HL Osrick [marshal@magmor.net](mailto:marshal@magmor.net)

Baronial Meeting Alternate Wednesdays 6:30 Contact HL Natalya [seneschal@magmor.net](mailto:seneschal@magmor.net)

Archery Wednesdays Contact Master Owain [archery@magmor.net](mailto:archery@magmor.net)

Scarlet Keep Thursdays at City Campus Union, (will continue in the fall)

Music- Alternate Thursdays, contact Mistress Gwyneth

Scribes- Alternate Fridays, contact Lord Carlos

Brewers - Contact Lady Isabeau

Pottery-Contact Baroness Vasilla [artsci@magmor.net](mailto:artsci@magmor.net)

Fiber Arts- Contact Lady Niamh

Middle Eastern Drumming- alternate Tuesdays, contact Lady Leofwyna

Bead Making- Contact Lady Sabi

Dancing- Contact Lady Emelye

If you have moved or changed email addresses or phone numbers, please contact Master Owain with your current information.

If you would like to subscribe to the MagMor list, send an email to [listserv@unl.edu](mailto:listserv@unl.edu) with "sub magmor your name" in the body of the message.

Arts and Sciences meet on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Wednesday's of the month. Moot will occur on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month unless otherwise announced. Both will meet at **WALT Library at 6:30 p.m.**

**Walt Library is located at 6701 S. 14<sup>th</sup> Street, Lincoln- Just to the North of Southwest High School.**

**Please note:** No personal information can appear on the internet without specific written permission. Please contact the Chronicler for further information. Thank you!

## **Greetings to the AWESOME populace of Mag Mor from Sashatec & Catherine!!**

We want to thank everyone for the excellent job that was done on Cattle Raids. As always the Barony pulled together to run a marvelous event, we especially want to thank Murdoch & Emelye for all of their hard work. We also want to thank Eulalia for the wonderful feast, we have heard nothing but praise on the food. The list goes on and on, nary a bad word can be said about the event.

We want to thank Sabi for her years of service to the Barony as seneschal and welcome Natalya to her new position. We look forward to working with her in the coming years. Osric will be taking over the Knights Marshall position from Bristol very soon. Thank you to Bristol for all his hard work over the past few years. We are also taking letters of intent for the Minister of Arts & Sciences position through the end of September, please send the letters to Us, HE Vasilla & HL Natalya if you would like to be considered for the position.

As the weather cools and the days grow shorter We look forward to the Coronation of the Royal Heirs Luther & Maerwyn and the 50<sup>th</sup> reign of Calontir. The Barony has been working on the Jubilee reign pilgrimage passports which we will be handing out at Coronation. We also need to be thinking of questions for the scavenger/trivia hunt we will be doing for the birthday party in February. If you have any ideas, please get them to us.

**Yours in Service,**

**Sashatec and Catherine, Baron and Baroness Mag Mor**

### **Baronial Court Report for Cattle Raids August 23**

**Vilhjálmr Háftroll**

**Eleanor Deyeson**

**Aibhilin inghean Cuinn**

**Natalya Alekseya Vasilova**

**Owain ap Bleddyn y Llwyd**

**Ancient Aurochs**

**Adharc Or**

**Acair**

**Senschal of Mag Mor**

**Archery Champion of Mag Mor**

### **TRM Awards for Members of Mag Mor at Cattle Raids**

**Maximillian Johann von Kleve**

**Torse**

**To the populace of Mag Mor, all gentles and their families. Greetings and well-wishes from your servant, Natalya.**

I am honored to be your new Seneshal and hope you will forgive any lapses on my part as I stumble through these first few months. I took the job with the happy knowledge that Cattle Raids planning was over and there were no kingdom level events until Winter War Maneuvers in January. I thought I could ease into it.

There are some items that need to be taken care of immediately, however. First, the meeting site and time has changed. Starting September 3<sup>rd</sup>, we will be meeting at Walt Library at 6:30 pm. This is an A & S night, but moot will also be held there since Bennett Martin Library will not be open in the evenings any longer.

We need bids for Yule Court, tentatively scheduled for Sunday, December 7<sup>th</sup>. This is one of the easy ones to autocrat—it mostly involves finding and reserving a site. Please turn in your bids by the September 10<sup>th</sup> moot.

We need to finish up the Jubilee Pilgrimage passports and stamps before Coronation. We will be asking people who are attending kingdom events to take some passports along. We want everyone in the kingdom to have the opportunity to have a passport. For those who have not heard about this project, Mag Mor is sponsoring a Jubilee Pilgrimage to honor Calontir's 25<sup>th</sup> birthday and our 50<sup>th</sup> king and queen. We have printed up "passports" that have all the kingdom events listed and Leofwynna and TOCD are making up stamps that we will send to the autocrats of all the events. When you attend a kingdom event, you get your passport stamped. If you attend an out-of-kingdom event, you get a signature from whoever trolls you in. At the end of the reign, the local Seneshal will verify the number of stamps and send us the information. The top 25 travelers will receive a prize (still to be determined). This should be a great way to celebrate the entire reign and I hope that everyone in Mag Mor makes a pilgrimage or two (or more!).

I know I can count on the generosity and willingness to work of our populace as I take over as Seneshal. If you have any concerns, ideas, comments, please contact me—I'm in the directory. I remain

**Your servant,**

**Natalya**

**Greetings unto the artisans of Mag Mor from your minister of Arts and Sciences, Vasilla**

This missive heralds in the last full month of my tenure as your minister of A&S. It's been a fun 2 years gathering artists and craftsmen together for a variety of activities. I thank you all for your input, your energy and your patience during my moments of organizational chaos.

This month we will be starting out the month with a class on clay ocarinas, inspired by the prize given by Half-Troll for the Cattle Raids Bardic Competition. If you wish to attend this hands on class and make an ocarina for yourself, please let me know prior to Sept. 3. There will be a nominal fee of \$5 per ocarina for the materials and cost of firing your project. The second class of the month will be the glazing of the ocarinas. This will take place on Sept 17. Please make sure you can participate in both classes as there will be no "make up quiz" given for this series. Finished ocarinas will be delivered at the Oct. 1 session and we will take them for a test run.

Have a great month and happy creating,

**Vasilla**

**Hi everybody,**

Well as you may or may not know yet I have taken on the job of Knights Marshal, It is my hope that I can serve the Barony in a manner that is acceptable to you all and which will further the cause of fighting within the group.

It can be easy for a new officer to become very excited about their new job and go about implementing ambitious projects with the "good of the group" in mind and while this is not always a good/bad thing, I bring it up just to say that my only intent is to increase the numbers and skills of our fighters, after all fighting is the coolest thing I have ever done and I really would like to share it with as many people as possible.

On one quick point of order I may from time to time refer to the fighters as the Battle Cattle this is in no way meant offend the Crodth Catha who shoot archery. I simply mean to refer to those Crodth Catha or not who are authorized and active fighters.

As of this writing FP time and site will not change officially but I am planning to get to FP by 6 pm for those who wish to start at that time. I will make sure that the loaner gear gets to FP, please bring you own water I am not planning on bringing a cooler.

**In service to Crown and Kingdom  
Osrik**

## Baronial Calendar

September 2,9,16,23,30 6:00 p.m. Fighter Practice Woods Park  
7,14,21,28 11:00 a.m Fighter Practice Woods Park  
3,17 6:30 p.m. Arts and Science **Walt** Library  
3,10,17,24 8:30 p.m. Archery, Prairie Bowman  
10,24 6:30 p.m. Moot, **Walt** Library  
11 7:00 Dance Basically Ballroom (2710 N 48th Street).  
9,26 7:00 p.m. Scribes, Carlos and Isabeau's Home

**October 26** **Baronial Arts and Sciences** See Next month's  
**Runestaff** for more details on place and time.

## Kingdom Calendar

September

6,7	King's Companie of Archers	Forgotten Sea	Smithville MO
13,14	Coronation	Deodar	Cedar Rapids IA
20,21	Regional Fighter North Practice	Ivory Keep	Hannibal MO
	Regional Fighter South Practice	Oakheart	Springfield MO
27,28	Harrowing of le Hauteur	Riverhold & Gryphon's Mark	Warrenton County MO
	Feast of Fools: Any Port in a Storm	Axed Root	Ames, IA

**To the Populous of Mag Mor do I send greetings as your Arts & Sciences Champion.**

With the permission of Their most august Excellencies Mag Mor, I am proud to announce the rules for Their Arts & Sciences Competition to be held in October. I have decided to return to something we haven't done for a while.

I invite all of Mag Mor's talented artisans to enter one Art and one Science into the Beginner, Intermediate or Advanced levels to be judged using current Kingdom Criteria. Documentation will be required using Criteria guidelines.

Please notify me as soon as you are able about what you will be entering. Many of you are already half way there with your entry for Kingdom A & S...only one more to go! The rest of you.....get busy!!!

I am excited to think of the wonderful display of talent and artistry we have to look forward to.

**In service,  
Lady Leofwynna l'May**

**Greetings to all!**

Mistress Gwyneth has graciously offered to let us publish more of her delicious recipes. More recipes will appear in the coming months. Many thanks again.

### **Recipes for Crown Tourney Feast 2008 Continued**

**Insalata Caprese (tomato/mozarella salad)** (Modern Recipe) **\*\*Questionable/Non-period\*\***

Yield: salad for 8

[For 150, make 17 batches]

1 large roma tomato

1 lb. fresh mozzarella cheese

Fresh basil leaves

Ca. 2 T. olive oil

Ca. 1 T. balsamic vinegar

Salt & Pepper to taste

Cut the tomato in half, lengthwise. Cut each half into slices 1/8 to 1/4 inch thick. Do the same to the mozzarella. Arrange slices of tomato and cheese and fresh basil leaves in a spiral around the rim of a plate, starting with a slice of tomato, then cheese, then basil, repeating until all are on the plate. Can be refrigerated at this point.

When you are nearly ready to serve, drizzle olive oil and vinegar over the salad and add salt and pepper.

**\*Salsa: mustar[d] ( Hot Honey Mustard)** from *Libellus de arte coquinaria: An Early Northern Cookery Book*. Edited and translated by Rudolf Grewe and Constance B. Heatt. Arizona Center for Medieval and Renaissance Studies, Tempe, 2001. **\*\*Period\*\***

Yield: 1 cup

[For 150 (18 tables) make 6 batches]

¼ c. ground mustard\*

½ t. cinnamon

½ t. anise seed, finely ground

¼ c. cider vinegar

½ c. honey

Mix dry ingredients together. Add vinegar and stir until mixture is smooth. Add honey and mix thoroughly. Chill mixture so it thickens. As mentioned in the original recipe, this keeps a several months in the fridge or a cool place.

\*Finely ground commercial mustard powder tends to be hotter than freshly ground mustard seeds (which are hard to grind as finely, but give a nice texture). If you want a very smooth, hot mustard, use commercially ground mustard. If you want a milder mustard, grind your own seeds and use more of the home-ground seed than indicated here. For a nice blend of hot-ish flavor with more texture, use a mixture of commercial and home-ground spice. For the feast I used half commercial, half home-ground mustard.

**\*De Phaseolo** from *De Honestia Voluptate et Valetudine* (1468) by Platina (Bartolomeo Sacchi). As found in the critical edition *Platina: On Right Pleasure and Good Health*, by Mary Ella Milham. Medieval & Renaissance Texts & Studies, Tempe, 1998. **\*\*Period\*\***

Yield: 8 servings

[For 150 (18 tables) make 18 batches]

1/2 lb. dry black eyed peas, cooked according to package directions (don't overcook)

**OR** 5 cans blackeyed peas (3 drained)

1 medium onion, diced

6 green onions, cut up

2 cloves garlic, crushed

2-3 T. olive oil

1 t. salt

¼ t. pepper

1 t. ground marjoram

1 t. ground mustard

1 T. dried parsley flakes

1 bay leaf

Saute the onions and garlic in olive oil until onions are sweet and translucent. Add remaining ingredients. Bring to a simmer over medium heat, then turn down heat to low. Let cook quietly until flavors blend nicely.

## **Mistress Gwyneth Espicier**

©Laura Waldman

**Chronicler's Note:** Due to a typing error, Mistress Gwyneth's copyright was not included in last month's Runestaff. Please respect the rights of our contributors and my apologies to Mistress Gwyneth!

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